

# Train timetable















Valid from 18 May 2014

Norwich to Ipswich and  
London Liverpool Street

## Generic notes and symbols

**Bold** Times in bold are direct services operated by Abellio Greater Anglia  
*Italic* Times in italics are connecting train services with one change of train.  
Other connections may be available with further changes

**0640** For the comfort and safety of all passengers, only folded cycles can be accommodated during busy times. Trains that these conditions apply to are highlighted throughout this timetable

-  First Class accommodation available
-  Seat reservations possible
-  Seat reservations recommended
-  PlusBus operates from this station
-  Buffet service
-  Wi-fi service
-  DLR Interchange with Docklands Light Railway
-  Airport interchange
-  Interchange with London Underground
-  Replacement bus service
-  Train attaches at this station
-  Train divides at this station
-  Train continues in later column
-  Train continued from earlier column
  
- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
  
- FSO Friday and Saturday mornings only
- MTW Mondays, Tuesdays and Wednesdays only
- ThF Thursdays and Fridays only
- TWTh Tuesday, Wednesday and Thursday mornings only

All services are operated by Abellio Greater Anglia unless otherwise shown

## 4 Ipswich, Clacton, Colchester and Braintree to London Liverpool Street

b Arrives 1854

## 5 Sudbury to Marks Tey

b Thursdays and Fridays connection arrives 3 minutes earlier  
c Change at Witham and Marks Tey

## 6 Norwich to Ipswich and London Liverpool Street

b Thursdays and Fridays connection arrives 6 minutes earlier

## 7 Harwich Town to Manningtree

b By changing at Manningtree customers may arrive Liverpool Street earlier at 0842  
c Change at Manningtree and Colchester  
e Thursdays and Fridays connection arrives 2 minutes earlier  
f Fridays and Saturdays connection arrives 7 minutes earlier  
g Departs 2 minutes later 19 May to 26 September  
h Departs 1 minute later 19 May to 26 September

# Norwich to Ipswich and London Liverpool Street

## Mondays to Fridays

	A	B	A	B	A	B	A	B	A
	📶	📶	📶	📶	📶	📶	📶	📶	📶
	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒
Norwich	d 0455	0500	0525	0530	0555	0600	0622	0624	0645
Diss	d 0514	0518	0544	0548	0614	0618	0640	0642	0704
Stowmarket	d 0527	0530	0552	0557	0600	0627	0630	0642	0652
Needham Market	d	0557				0647			0703
Ipswich	a 0540	0542	0607	0610	0612	0640	0642	0700	0705
Ipswich	d 0542	0544	0612	0614	0642	0644	0707	0708	0717
Manningtree	d 0553	0554	0623	0624	0653	0654	0718	0718	0727
Colchester	a 0603	0603	0633	0633	0703	0703	0728	0728	0737
Colchester	d 0605	0605	0635	0635	0705	0705	0730	0730	0738
Witham	a								0755
Chelmsford	a								
Shenfield	a								
Stratford	DLR a 0644s	0644s	0715s	0715s					0828s
London Liverpool St	a 0654	0654	0727	0727	0758	0758	0823	0823	0840

	B	A	B						
	📶	📶	📶	📶	🕒	📶	📶	📶	📶
	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒
Norwich	d 0648	0703	0705	0740		0800	0830	0900	
Diss	d 0706	0721	0723	0758		0817	0847	0917	
Stowmarket	d 0718	0734	0735	0745	0811	0829	0845	0914	0929
Needham Market	d		0750			0850			0950
Ipswich	a 0730	0747	0747	0802	0818	0824	0841	0902	0908
Ipswich	d 0732	0749	0749	0820	0826	0843	0909	0943	
Manningtree	d 0743	0759	0759		0836	0853	0919	0953	
Colchester	a 0808	0808			0845	0902	0928	1002	
Colchester	d	0810	0810		0845	0903	0930	1003	
Witham	a								
Chelmsford	a				0903	0921		1021	
Shenfield	a								
Stratford	DLR a	0852s	0852s		0928s			1045s	
London Liverpool St	a 0842	0904	0904	0924	0940	0956	1019	1055	

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	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒
Norwich	d 0930	1000	1030	1100	1130	1200	1230		
Diss	d 0947	1017	1047	1117	1147	1217	1247		
Stowmarket	d	1029	1045	1114	1129	1145	1229	1245	1314
Needham Market	d		1050			1150		1250	
Ipswich	a 1008	1041	1102	1108	1128	1141	1202	1208	1241
Ipswich	d 1009	1043	1109	1143	1209	1243	1309		
Manningtree	d 1019	1053	1119	1153	1219	1253	1319		
Colchester	a 1028	1102	1128	1202	1228	1302	1328		
Colchester	d 1030	1103	1130	1203	1230	1303	1330		
Witham	a								
Chelmsford	a	1121		1221		1321			
Shenfield	a								
Stratford	DLR a	1145s		1245s		1345s			
London Liverpool St	a 1119	1155	1219	1255	1319	1355	1419		

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	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒
Norwich	d 1300	1330	1400	1430	1500	1530	1600		
Diss	d 1317	1347	1417	1447	1517	1547	1617		
Stowmarket	d 1329	1345	1429	1445	1514	1529	1545	1629	1645
Needham Market	d	1350	1450			1550			1650
Ipswich	a 1341	1402	1408	1441	1502	1508	1528	1541	1602
Ipswich	d 1343	1409	1443	1509	1543	1609	1643		
Manningtree	d 1353	1419	1453	1519	1553	1619	1653		
Colchester	a 1402	1428	1502	1528	1602	1628	1702		
Colchester	d 1403	1430	1503	1530	1603	1630	1703		
Witham	a								
Chelmsford	a 1421		1521		1621		1721		
Shenfield	a								
Stratford	DLR a	1445s	1545s		1645s		1745s		
London Liverpool St	a 1455	1519	1555	1617	1655	1719	1758		

0640 Cycle restrictions apply. See page 6 for details

# Norwich to Ipswich and London Liverpool Street

## Mondays to Fridays

		WiFi		WiFi		WiFi	WiFi		WiFi		WiFi		WiFi
		WiFi		WiFi		WiFi	WiFi		WiFi		WiFi		WiFi
Norwich	d	1630		1700		1730	1800		1830		1900		1930
Diss	d	1647		1717		1747	1817		1847		1917		1947
Stowmarket	d		1714	1729	1745	1759	1829	1845		1914	1929	1945	
Needham Market	d			1750				1850				1950	
Ipswich	a	1708	1728	1741	1804	1811	1841	1902	1908	1928	1941	2004	2009
Ipswich	d	1709		1743		1813	1843		1909		1943		2009
Manningtree	d	1719		1753			1853		1919		1953		2019
Colchester	a	1728		1802		1828	1902		1928		2002		2029
Colchester	d	1730		1803		1830	1903		1930		2003		2030
Witham	a												
Chelmsford	a			1821			1921				2021		
Shenfield	a												
Stratford	DLR			1845s			1945s				2045s		
London Liverpool St	a	1819		1855		1917	1955		2019		2055		2119

		WiFi		WiFi		WiFi	WiFi	MTW	ThF				
		WiFi		WiFi		WiFi	WiFi	WiFi	WiFi				
Norwich	d	2000		2030		2100		2200	2200			2305	
Diss	d	2017		2047		2117		2217	2217			2322	
Stowmarket	d	2029	2045		2114	2129	2145	2229	2229	2245	2308	2334	2348
Needham Market	d		2050				2150			2250			2353
Ipswich	a	2041	2100	2108	2128	2141	2202	2241	2241	2302	2321	2348	0005
Ipswich	d	2043		2109	2128	2143	2223	2243	2243			2322	
Manningtree	d	2053		2119	2138	2153	2233	2253	2253			2332	
Colchester	a	2102		2128	2151	2202	2242	2302	2302			2343	
Colchester	d	2103		2130		2203	2243	2303	2303				
Witham	a						2300	2315	2315				
Chelmsford	a	2121				2221	2309	2325	2325				
Shenfield	a						2319	2336s	2336s				
Stratford	DLR	a	2145s			2245s	2339s	2354s	2352s				
London Liverpool St	a	2155		2219		2255	2348b	0004	0002				

# Norwich to Ipswich and London Liverpool Street

## Saturdays

	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒
Norwich	d 0500	0530	0600	0630	0700	0730	0800	0830		
Diss	d 0517	0547	0617	0647	0717	0747	0817	0847		
Stowmarket	d 0529		0629	0644	0729	0745	0829	0845	0914	
Needham Market	d		0649		0750		0850		0914	
Ipswich	a 0541	0608	0641	0708	0741	0802	0841	0902	0908	0928
Ipswich	d 0543	0609	0643	0709	0743	0809	0843	0909		
Manningtree	d 0553	0619	0653	0719	0753	0819	0853	0919		
Colchester	a 0602	0628	0702	0728	0802	0828	0902	0928		
Colchester	d 0603	0630	0703	0730	0803	0830	0903	0930		
Witham	a									
Chelmsford	a 0621		0721		0821		0921			
Shenfield	a									
Stratford	DLR a 0645s		0745s		0845s		0945s			
London Liverpool St	a 0655	0719	0755	0819	0855	0919	0955	1019		

	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒
Norwich	d 0900	0930	1000	1030	1100	1130	1200			
Diss	d 0917	0947	1017	1047	1117	1147	1217			
Stowmarket	d 0929	0945	1029	1045	1114	1129	1145	1229	1245	
Needham Market	d	0950		1050		1150		1250		
Ipswich	a 0941	1002	1008	1041	1102	1108	1128	1141	1202	1208
Ipswich	d 0943	1009	1043	1109	1143	1209	1243			
Manningtree	d 0953	1019	1053	1119	1153	1219	1253			
Colchester	a 1002	1028	1102	1128	1202	1228	1302			
Colchester	d 1003	1030	1103	1130	1203	1230	1303			
Witham	a									
Chelmsford	a 1021		1121		1221		1321			
Shenfield	a									
Stratford	DLR a 1045s		1145s		1245s		1345s			
London Liverpool St	a 1055	1119	1155	1219	1255	1319	1355			

	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒
Norwich	d 1230	1300	1330	1400	1430	1500	1530			
Diss	d 1247	1317	1347	1417	1447	1517	1547			
Stowmarket	d	1314	1329	1345	1429	1445	1514	1529	1545	
Needham Market	d		1350		1450		1550		1550	
Ipswich	a 1308	1328	1341	1402	1408	1441	1502	1508	1528	1541
Ipswich	d 1309	1343	1409	1443	1509	1543	1609			
Manningtree	d 1319	1353	1419	1453	1519	1553	1619			
Colchester	a 1328	1402	1428	1502	1528	1602	1628			
Colchester	d 1330	1403	1430	1503	1530	1603	1630			
Witham	a									
Chelmsford	a		1421		1521		1621			
Shenfield	a									
Stratford	DLR a 1445s		1545s		1645s		1745s			
London Liverpool St	a 1419	1455	1519	1555	1619	1655	1719			

	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒
Norwich	d 1600	1630	1700	1730	1800	1830	1900			
Diss	d 1617	1647	1717	1747	1817	1847	1917			
Stowmarket	d 1629	1645	1714	1729	1745	1759	1829	1845	1914	1929
Needham Market	d	1650		1750		1850		1914	1929	
Ipswich	a 1641	1702	1708	1728	1741	1802	1811	1841	1902	1908
Ipswich	d 1643	1709	1743	1813	1843	1909	1943			
Manningtree	d 1653	1719	1753	1823	1853	1919	1953			
Colchester	a 1702	1728	1802	1828	1902	1928	2002			
Colchester	d 1703	1730	1803	1830	1903	1930	2003			
Witham	a									
Chelmsford	a 1721		1821		1921		2021			
Shenfield	a									
Stratford	DLR a 1745s		1845s		1945s		2045s			
London Liverpool St	a 1755	1819	1855	1919	1955	2019	2055			

# Norwich to Ipswich and London Liverpool Street

## Saturdays

		📶	📶	📶	📶	📶	📶	📶	📶	📶	📶
Norwich	🕒 d	2000				2100		2200			2305
Diss	d	2017				2117		2217			2322
Stowmarket	d	1945	2029	2045	2114	2129	2145	2229	2245	2308	2336 2348
Needham Market	d	1950		2050			2150		2250		2353
Ipswich	🕒 a	2002	2041	2100	2128	2141	2202	2241	2302	2322	2350 0005
Ipswich	🕒 d		2043	2109	2128	2143	2223	2243	2315	2322	
Manningtree	d		2053	2119	2138	2153	2233	2253	2325	2332	
Colchester	🕒 a		2102	2128	2149	2202	2242	2302	2335	2343	
Colchester	🕒 d		2103	2130		2203	2243	2303			
Witham	🕒 a						2300	2315			
Chelmsford	🕒 a		2121			2221	2309	2325			
Shenfield	🕒 a						2319	2337s			
Stratford	DLR 🕒 a		2145s			2245s	2342s	2359s			
London Liverpool St	🕒 a		2155	2217		2301	2351	0010			

# Norwich to Ipswich and London Liverpool Street

## Sundays

		📶	📶	📶	📶	📶	📶	📶	📶	📶	📶	📶	
Norwich	🕒 d	0700	0800	0900	1000	1100	1200	1300					
Diss	🕒 d	0717	0817	0917	1017	1117	1217	1317					
Stowmarket	🕒 d	0729	0829	0929	1018	1029	1114	1129	1218	1229	1314	1329	1418
Needham Market	🕒 d				1023				1223				1423
Ipswich	🕒 a	0741	0841	0941	1036	1041	1128	1141	1236	1241	1328	1341	1436
Ipswich	🕒 d	0743	0843	0943	1043	1143	1243	1343					
Manningtree	🕒 d	0753	0853	0953	1053	1153	1253	1353					
Colchester	🕒 a	0802	0902	1002	1102	1202	1302	1402					
Colchester	🕒 d	0803	0903	1003	1103	1203	1303	1403					
Witham	🕒 a												
Chelmsford	🕒 a												
Shenfield	🕒 a												
Stratford	DLR 🕒 a												
London Liverpool St	🕒 a	0904	1003	1103	1203	1303	1403	1503					

		📶	📶	📶	📶	📶	📶	📶	📶	📶	📶	📶	
Norwich	🕒 d	1400		1500	1600	1620	1700	1800	1900				
Diss	🕒 d	1417		1517	1617	1638	1717	1817	1917				
Stowmarket	🕒 d	1429	1514	1529	1618	1629	1650	1711	1729	1818	1829	1911	1929
Needham Market	🕒 d				1623					1823			
Ipswich	🕒 a	1441	1528	1541	1636	1641	1702	1725	1741	1836	1841	1925	1941
Ipswich	🕒 d	1443		1543	1643	1705	1743	1843	1925	1943			
Manningtree	🕒 d	1453		1553	1653		1753	1853	1935	1953			
Colchester	🕒 a	1502		1602	1702	1720	1802	1902	1946	2002			
Colchester	🕒 d	1503		1603	1703	1723	1803	1903	2003	2003			
Witham	🕒 a												
Chelmsford	🕒 a												
Shenfield	🕒 a												
Stratford	DLR 🕒 a												
London Liverpool St	🕒 a	1603		1703	1803	1830	1903	2003	2103				

		📶	📶	📶	📶	📶	📶		
Norwich	🕒 d	2000		2100	2200	2305			
Diss	🕒 d	2017		2117	2217	2322			
Stowmarket	🕒 d	2018	2029	2111	2129	2218	2229	2334	2355
Needham Market	🕒 d	2023				2223			2359
Ipswich	🕒 a	2036	2041	2125	2141	2236	2241	2350	0011
Ipswich	🕒 d	2043		2125	2143	2243			
Manningtree	🕒 d	2053		2135	2153	2253			
Colchester	🕒 a	2102		2146	2202	2302			
Colchester	🕒 d	2103		2203	2303				
Witham	🕒 a					2315			
Chelmsford	🕒 a					2325			
Shenfield	🕒 a					2336s			
Stratford	DLR 🕒 a					2357s			
London Liverpool St	🕒 a	2204		2303	0007				

# London Liverpool Street and Ipswich to Norwich

## Mondays to Fridays

						📶	📶		📶	📶	📶	📶
<b>London Liverpool St</b> 🚶 d						0600	0625		0700		0730	0755
Stratford DLR 🚶 d							0633u				0738u	
Shenfield 🚶 d									0722u			
Chelmsford 🚶 d						0630	0658				0803	
Witham 🚶 d							0709					
<b>Colchester</b> 🚶 a						0649	0722		0750		0822	0845
<b>Colchester</b> 🚶 d	0540		0615			0650	0723		0751		0823	0847
Manningtree 🚶 d	0549		0623			0658	0731		0759		0831	0855
<b>Ipswich</b> 🚶 a	0559		0634			0710	0742		0811		0843	0907
<b>Ipswich</b> 🚶 d	0510	0600	0616	0639	0654	0711	0744	0803	0812	0820	0844	0908
Needham Market 🚶 d	0520		0625		0703					0829		
Stowmarket 🚶 d	0526	0612	0631	0651	0709	0722	0755	0815	0823	0835	0855	
Diss 🚶 d				0704		0735	0808		0836		0908	0929
<b>Norwich</b> 🚶 a				0724		0754	0827		0855		0927	0948

						📶	📶	📶	📶	📶	📶	📶
<b>London Liverpool St</b> 🚶 d						0830		0900		0930	1000	
Stratford DLR 🚶 d						0838u				0938u		1038u
Shenfield 🚶 d												
Chelmsford 🚶 d						0903				1003		1103
Witham 🚶 d												
<b>Colchester</b> 🚶 a						0922		0946		1022	1046	
<b>Colchester</b> 🚶 d						0923		0947		1023	1047	
Manningtree 🚶 d						0931		0955		1031	1055	
<b>Ipswich</b> 🚶 a						0943		1007		1043	1107	
<b>Ipswich</b> 🚶 d	0920	0944	1000	1008	1020	1044	1108	1120	1144	1158	1208	1220
Needham Market 🚶 d	0929				1029				1129			1229
Stowmarket 🚶 d	0935	0955	1012		1035	1055		1135	1155	1211		1235
Diss 🚶 d		1008		1029		1108	1129		1208		1229	
<b>Norwich</b> 🚶 a		1027		1050		1127	1150		1227		1250	

						📶	📶	📶	📶	📶	📶	📶
<b>London Liverpool St</b> 🚶 d	1130	1200				1230		1300		1330	1400	
Stratford DLR 🚶 d	1138u					1238u				1338u		1438u
Shenfield 🚶 d												
Chelmsford 🚶 d	1203					1303				1403		1503
Witham 🚶 d												
<b>Colchester</b> 🚶 a	1222	1246				1322		1346		1422	1446	
<b>Colchester</b> 🚶 d	1223	1247				1323		1347		1423	1447	
Manningtree 🚶 d	1231	1255				1331		1355		1431	1455	
<b>Ipswich</b> 🚶 a	1243	1307				1343		1407		1443	1507	
<b>Ipswich</b> 🚶 d	1244	1308	1320	1344	1358	1408	1420	1444	1508	1520	1544	1600
Needham Market 🚶 d			1329				1429			1529		
Stowmarket 🚶 d	1255		1335	1355	1411		1435	1455		1535	1555	1612
Diss 🚶 d	1308	1329		1408		1429		1508	1529		1608	
<b>Norwich</b> 🚶 a	1327	1350		1427		1450		1527	1548		1627	

						📶	📶	📶	📶	📶	📶	📶
<b>London Liverpool St</b> 🚶 d	1500		1530	1600		1630		1700		1702	1730	1750
Stratford DLR 🚶 d										1710		
Shenfield 🚶 d										1726		
Chelmsford 🚶 d			1600							1736		
Witham 🚶 d										1746		
<b>Colchester</b> 🚶 a	1546		1621	1646		1716				1801		1842
<b>Colchester</b> 🚶 d	1547		1621	1647		1717				1801		1843
Manningtree 🚶 d	1555		1629	1655						1809	1827	1852
<b>Ipswich</b> 🚶 a	1607		1640	1707		1734		1759		1820	1837	1903
<b>Ipswich</b> 🚶 d	1608	1620	1641	1708	1720	1736	1749	1800	1817	1825	1839	1904
Needham Market 🚶 d		1629			1729		1758		1826			
Stowmarket 🚶 d		1635	1652	1719	1735	1747	1804		1832	1836	1850	1916
Diss 🚶 d	1629		1705	1732		1800		1821		1848	1903	1929
<b>Norwich</b> 🚶 a	1650		1724	1753		1822		1842		1909	1925	1950

0640 Cycle restrictions apply. See page 6 for details



# London Liverpool Street and Ipswich to Norwich

## Mondays to Fridays

<b>London Liverpool St</b>	d		1810	1830		1900		1930	2000		2030	2100	
Stratford DLR	d										2038u		
Shenfield	d												
Chelmsford	d										2103		
Witham	d												
<b>Colchester</b>	a		1900	1921		1947		2019	2046		2122	2146	
<b>Colchester</b>	d		1902	1923		1947		2020	2047		2123	2147	
Manningtree	d		1911	1932		1955		2028	2055		2132	2156	
<b>Ipswich</b>	a		1921	1942		2007		2040	2107		2143	2207	
<b>Ipswich</b>	d	1913	1923	1944	2000	2008	2020	2041	2108	2117	2145	2209	2219
Needham Market	d	1922					2029			2127			2229
Stowmarket	d	1928	1934	1955	2012	2019	2035	2052	2119	2133	2156	2220	2235
Diss	d		1947	2008		2032		2105	2132		2209	2233	
<b>Norwich</b>	a		2009	2030		2051		2124	2151		2229	2253	

				ThF	MTW
<b>London Liverpool St</b>	d	2130	2230	2330	2330
Stratford DLR	d	2138u	2238u	2338u	2339u
Shenfield	d				
Chelmsford	d	2203	2303	0003	0011
Witham	d				
<b>Colchester</b>	a	2222	2322	0022	0030
<b>Colchester</b>	d	2223	2323	0023	0031
Manningtree	d	2232	2332	0032	0040
<b>Ipswich</b>	a	2243	2343	0043	0051
<b>Ipswich</b>	d	2245	2345	0045	0053
Needham Market	d				
Stowmarket	d	2256	2356	0056	0104
Diss	d	2309	0009	0109	0117
<b>Norwich</b>	a	2329	0029	0135	0143

# London Liverpool Street and Ipswich to Norwich

## Saturdays

			📶	📶	📶	📶	📶	📶	📶	📶	📶	📶		
<b>London Liverpool St</b> 🚶	d			0534		0630		0700		0730	0800			
Stratford DLR	🚶	d		0541		0638u				0738u				
Shenfield	🚶	d		0559										
Chelmsford	🚶	d		0610		0703				0803				
Witham	🚶	d		0623										
<b>Colchester</b>	🚶	a		0640		0722		0746		0822	0846			
<b>Colchester</b>	🚶	d	0540	0640		0723		0747		0823	0847			
Manningtree	🚶	d	0549	0648		0731		0755		0831	0855			
<b>Ipswich</b>	🚶	a	0559	0700		0743		0807		0843	0907			
<b>Ipswich</b>	🚶	d	0510	0600	0616	0710	0720	0744	0800	0808	0820	0844	0908	0920
Needham Market	🚶	d	0520		0625		0729			0829				0929
Stowmarket	🚶	d	0526	0612	0631	0721	0735	0755	0812	0835	0855	0908	0929	0935
Diss	🚶	d				0734		0808		0829		0908	0929	
<b>Norwich</b>	🚶	a				0753		0827		0850		0927	0950	





















			📶	📶	📶	📶	📶	📶	📶	📶	📶	📶		
<b>London Liverpool St</b> 🚶	d	0830		0900		0930	1000		1030		1100		1130	
Stratford DLR	🚶	d	0838u			0938u			1038u				1138u	
Shenfield	🚶	d												
Chelmsford	🚶	d	0903			1003			1103				1203	
Witham	🚶	d												
<b>Colchester</b>	🚶	a	0922		0946		1022	1046		1122		1146	1222	
<b>Colchester</b>	🚶	d	0923		0947		1023	1047		1123		1147	1223	
Manningtree	🚶	d	0931		0955		1031	1055		1131		1155	1231	
<b>Ipswich</b>	🚶	a	0943		1007		1043	1107		1143		1207	1243	
<b>Ipswich</b>	🚶	d	0944	0958	1008	1020	1044	1108	1120	1144	1158	1208	1220	1244
Needham Market	🚶	d				1029			1129				1229	
Stowmarket	🚶	d	0955	1011		1035	1055		1135	1155	1211		1235	1255
Diss	🚶	d	1008		1029		1108	1129		1208		1229	1308	
<b>Norwich</b>	🚶	a	1027		1050		1127	1150		1227		1250	1327	

			📶	📶	📶	📶	📶	📶	📶	📶	📶	📶		
<b>London Liverpool St</b> 🚶	d	1200		1230		1300		1330	1400		1430		1500	
Stratford DLR	🚶	d		1238u				1338u			1438u			
Shenfield	🚶	d												
Chelmsford	🚶	d		1303				1403			1503			
Witham	🚶	d												
<b>Colchester</b>	🚶	a	1246		1322		1346		1422	1446		1522	1546	
<b>Colchester</b>	🚶	d	1247		1323		1347		1423	1447		1523	1547	
Manningtree	🚶	d	1255		1331		1355		1431	1455		1531	1555	
<b>Ipswich</b>	🚶	a	1307		1343		1407		1443	1507		1543	1607	
<b>Ipswich</b>	🚶	d	1308	1320	1344	1358	1408	1420	1444	1508	1520	1544	1558	1608
Needham Market	🚶	d		1329				1429			1529			
Stowmarket	🚶	d		1335	1355	1411		1435	1455		1535	1555	1611	
Diss	🚶	d	1329		1408		1429		1508	1529		1608	1629	
<b>Norwich</b>	🚶	a	1350		1427		1450		1527	1548		1627	1650	

			📶	📶	📶	📶	📶	📶	📶	📶	📶	📶		
<b>London Liverpool St</b> 🚶	d		1530	1600		1630		1700		1730	1800		1830	
Stratford DLR	🚶	d		1538u		1638u				1738u			1838u	
Shenfield	🚶	d												
Chelmsford	🚶	d		1603		1703				1803			1903	
Witham	🚶	d												
<b>Colchester</b>	🚶	a	1622	1646		1722		1746		1822	1846		1922	
<b>Colchester</b>	🚶	d	1623	1647		1723		1747		1823	1847		1923	
Manningtree	🚶	d	1631	1655		1731		1755		1831	1855		1931	
<b>Ipswich</b>	🚶	a	1643	1707		1743		1807		1843	1907		1943	
<b>Ipswich</b>	🚶	d	1620	1644	1708	1720	1744	1758	1808	1820	1844	1908	1920	1944
Needham Market	🚶	d	1629			1729				1829			1929	
Stowmarket	🚶	d	1635	1655	1719	1735	1755	1811		1835	1855		1935	1955
Diss	🚶	d		1708	1732		1808		1829		1908	1929	2008	
<b>Norwich</b>	🚶	a		1727	1751		1827		1850		1927	1950	2027	

# London Liverpool Street and Ipswich to Norwich







## Saturdays








												
<b>London Liverpool St</b> 	d	1900		1930	2000		2030	2100	2130	2230	2330	
Stratford DLR 	d			1938u			2038u		2138u	2238u	2338u	
Shenfield 	d											
Chelmsford 	d			2003			2103		2203	2303		
Witham 	d											
<b>Colchester</b> 	a	1946		2022	2046		2122	2146	2222	2322	0026	
<b>Colchester</b> 	d	1947		2023	2047		2123	2147	2223	2323	0026	
Manningtree	d	1955		2031	2055		2132	2155	2232	2332	0035	
<b>Ipswich</b> 	a	2007		2043	2107		2143	2208	2243	2343	0047	
<b>Ipswich</b> 	d	1958	2008	2020	2044	2108	2117	2145	2219	2245	2345	0048
Needham Market	d			2029			2127		2229			
Stowmarket	d	2011		2035	2055		2133	2156	2235	2256	2356	0100
Diss	d		2029		2108	2129		2209		2309	0009	0113
<b>Norwich</b> 	a		2050		2127	2150		2229		2329	0035	0138







# London Liverpool Street and Ipswich to Norwich

## Sundays

C

													
London Liverpool St	d			0830	0930	1030	1130	1230					
Stratford DLR	d												
Shenfield	d			0858									
Chelmsford	d												
Witham	d												
Colchester	a			0925	1025	1125	1225	1325					
Colchester	d	0730	0813	0925	0932	1025	1125	1225	1325				
Manningtree	d	0738	0821	0933	0940	1033	1133	1233	1333				
Ipswich	a	0750	0833	0945	0951	1045	1145	1245	1345				
Ipswich	d	0732	0755	0902	0946	0955	1046	1102	1146	1155	1246	1302	1346
Needham Market	d	0742		0912				1112				1312	
Stowmarket	d	0748	0807	0918	0957	1007	1057	1118	1157	1207	1257	1318	1357
Diss	d			1010				1110				1310	1410
Norwich	a			1031				1131				1331	1431

													
London Liverpool St	d			1330	1430	1530	1630	1730	1830				
Stratford DLR	d												
Shenfield	d												
Chelmsford	d												
Witham	d												
Colchester	a	1425		1525	1625	1725	1825	1925					
Colchester	d	1425		1525	1625	1725	1825	1925					
Manningtree	d	1433		1533	1633	1733	1833	1933					
Ipswich	a	1445		1545	1645	1745	1845	1945					
Ipswich	d	1355	1446	1502	1546	1555	1646	1702	1746	1755	1846	1902	1946
Needham Market	d			1512				1712				1912	
Stowmarket	d	1407	1457	1518	1557	1607	1657	1718	1757	1807	1857	1918	1957
Diss	d			1510				1610				1810	1910
Norwich	a			1531				1631				1831	1931

							
London Liverpool St	d	1900	1930	2030	2130	2230	2330
Stratford DLR	d						
Shenfield	d						
Chelmsford	d						
Witham	d						
Colchester	a	1955	2025	2125	2225	2325	0025
Colchester	d	1955	2025	2125	2225	2325	0025
Manningtree	d	2003	2033	2134	2234	2334	0034
Ipswich	a	2015	2045	2145	2245	2345	0045
Ipswich	d	2016	2046	2102	2147	2247	2347
Needham Market	d			2112			
Stowmarket	d	2027	2057	2118	2158	2258	2358
Diss	d	2040	2110	2211	2311	0011	0111
Norwich	a	2101	2131	2231	2331	0031	0136