

Train timetable










Valid from 18 May 2014

Norwich to Ipswich and
London Liverpool Street

Generic notes and symbols

Bold Times in bold are direct services operated by Abellio Greater Anglia
Italic Times in italics are connecting train services with one change of train.
Other connections may be available with further changes

0640 For the comfort and safety of all passengers, only folded cycles can be accommodated during busy times. Trains that these conditions apply to are highlighted throughout this timetable

-  First Class accommodation available
-  Seat reservations possible
-  Seat reservations recommended
-  PlusBus operates from this station
-  Buffet service
-  Wi-fi service
-  DLR Interchange with Docklands Light Railway
-  Airport interchange
-  Interchange with London Underground
-  Replacement bus service
-  Train attaches at this station
-  Train divides at this station
-  Train continues in later column
-  Train continued from earlier column

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only

- FSO Friday and Saturday mornings only
- MTW Mondays, Tuesdays and Wednesdays only
- ThF Thursdays and Fridays only
- TWTh Tuesday, Wednesday and Thursday mornings only

All services are operated by Abellio Greater Anglia unless otherwise shown

4 Ipswich, Clacton, Colchester and Braintree to London Liverpool Street

- b Arrives 1854

5 Sudbury to Marks Tey

- b Thursdays and Fridays connection arrives 3 minutes earlier
- c Change at Witham and Marks Tey

6 Norwich to Ipswich and London Liverpool Street

- b Thursdays and Fridays connection arrives 6 minutes earlier

7 Harwich Town to Manningtree

- b By changing at Manningtree customers may arrive Liverpool Street earlier at 0842
- c Change at Manningtree and Colchester
- e Thursdays and Fridays connection arrives 2 minutes earlier
- f Fridays and Saturdays connection arrives 7 minutes earlier
- g Departs 2 minutes later 19 May to 26 September
- h Departs 1 minute later 19 May to 26 September

Norwich to Ipswich and London Liverpool Street

Mondays to Fridays

	A	B	A	B	A	B	A	B	A
	📶	📶	📶	📶	📶	📶	📶	📶	📶
	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒
Norwich	d 0455	0500	0525	0530	0555	0600	0622	0624	0645
Diss	d 0514	0518	0544	0548	0614	0618	0640	0642	0704
Stowmarket	d 0527	0530	0552	0557	0600	0627	0630	0642	0652
Needham Market	d	0557				0647			0703
Ipswich	a 0540	0542	0607	0610	0612	0640	0642	0700	0705
Ipswich	d 0542	0544	0612	0614	0642	0644	0707	0708	0717
Manningtree	d 0553	0554	0623	0624	0653	0654	0718	0718	0727
Colchester	a 0603	0603	0633	0633	0703	0703	0728	0728	0737
Colchester	d 0605	0605	0635	0635	0705	0705	0730	0730	0738
Witham	a								0755
Chelmsford	a								
Shenfield	a								
Stratford	DLR a 0644s	0644s	0715s	0715s					0828s
London Liverpool St	a 0654	0654	0727	0727	0758	0758	0823	0823	0840

	B	A	B						
	📶	📶	📶	📶	🕒	📶	📶	📶	📶
	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒
Norwich	d 0648	0703	0705	0740		0800	0830	0900	
Diss	d 0706	0721	0723	0758		0817	0847	0917	
Stowmarket	d 0718	0734	0735	0745	0811	0829	0845	0914	0929
Needham Market	d		0750			0850			0950
Ipswich	a 0730	0747	0747	0802	0818	0824	0841	0902	0908
Ipswich	d 0732	0749	0749	0820	0826	0843	0909	0943	
Manningtree	d 0743	0759	0759		0836	0853	0919	0953	
Colchester	a 0808	0808			0845	0902	0928	1002	
Colchester	d	0810	0810		0845	0903	0930	1003	
Witham	a								
Chelmsford	a				0903	0921		1021	
Shenfield	a								
Stratford	DLR a	0852s	0852s		0928s			1045s	
London Liverpool St	a 0842	0904	0904	0924	0940	0956	1019	1055	

	📶	📶	📶	📶	📶	📶	📶	📶	📶
	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒
Norwich	d 0930	1000	1030	1100	1130	1200	1230		
Diss	d 0947	1017	1047	1117	1147	1217	1247		
Stowmarket	d	1029	1045	1114	1129	1145	1229	1245	1314
Needham Market	d		1050			1150		1250	
Ipswich	a 1008	1041	1102	1108	1128	1141	1202	1208	1241
Ipswich	d 1009	1043	1109	1143	1209	1243	1309		
Manningtree	d 1019	1053	1119	1153	1219	1253	1319		
Colchester	a 1028	1102	1128	1202	1228	1302	1328		
Colchester	d 1030	1103	1130	1203	1230	1303	1330		
Witham	a								
Chelmsford	a	1121		1221		1321			
Shenfield	a								
Stratford	DLR a	1145s		1245s		1345s			
London Liverpool St	a 1119	1155	1219	1255	1319	1355	1419		

	📶	📶	📶	📶	📶	📶	📶	📶	📶
	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒
Norwich	d 1300	1330	1400	1430	1500	1530	1600		
Diss	d 1317	1347	1417	1447	1517	1547	1617		
Stowmarket	d 1329	1345	1429	1445	1514	1529	1545	1629	1645
Needham Market	d	1350	1450			1550			1650
Ipswich	a 1341	1402	1408	1441	1502	1508	1528	1541	1602
Ipswich	d 1343	1409	1443	1509	1543	1609	1643		
Manningtree	d 1353	1419	1453	1519	1553	1619	1653		
Colchester	a 1402	1428	1502	1528	1602	1628	1702		
Colchester	d 1403	1430	1503	1530	1603	1630	1703		
Witham	a								
Chelmsford	a 1421		1521		1621		1721		
Shenfield	a								
Stratford	DLR a	1445s	1545s		1645s		1745s		
London Liverpool St	a 1455	1519	1555	1617	1655	1719	1758		

0640 Cycle restrictions apply. See page 6 for details

Norwich to Ipswich and London Liverpool Street

Mondays to Fridays

		WiFi		WiFi		WiFi	WiFi		WiFi		WiFi		WiFi
		WiFi		WiFi		WiFi	WiFi		WiFi		WiFi		WiFi
Norwich	d	1630		1700		1730	1800		1830		1900		1930
Diss	d	1647		1717		1747	1817		1847		1917		1947
Stowmarket	d		1714	1729	1745	1759	1829	1845		1914	1929	1945	
Needham Market	d			1750				1850				1950	
Ipswich	a	1708	1728	1741	1804	1811	1841	1902	1908	1928	1941	2004	2009
Ipswich	d	1709		1743		1813	1843		1909		1943		2009
Manningtree	d	1719		1753			1853		1919		1953		2019
Colchester	a	1728		1802		1828	1902		1928		2002		2029
Colchester	d	1730		1803		1830	1903		1930		2003		2030
Witham	a												
Chelmsford	a			1821			1921				2021		
Shenfield	a												
Stratford	DLR			1845s			1945s				2045s		
London Liverpool St	a	1819		1855		1917	1955		2019		2055		2119

		WiFi		WiFi		WiFi	WiFi	MTW	ThF				
		WiFi		WiFi		WiFi	WiFi	WiFi	WiFi				
Norwich	d	2000		2030		2100		2200	2200			2305	
Diss	d	2017		2047		2117		2217	2217			2322	
Stowmarket	d	2029	2045		2114	2129	2145	2229	2229	2245	2308	2334	2348
Needham Market	d		2050				2150			2250			2353
Ipswich	a	2041	2100	2108	2128	2141	2202	2241	2241	2302	2321	2348	0005
Ipswich	d	2043		2109	2128	2143	2223	2243	2243			2322	
Manningtree	d	2053		2119	2138	2153	2233	2253	2253			2332	
Colchester	a	2102		2128	2151	2202	2242	2302	2302			2343	
Colchester	d	2103		2130		2203	2243	2303	2303				
Witham	a						2300	2315	2315				
Chelmsford	a	2121				2221	2309	2325	2325				
Shenfield	a						2319	2336s	2336s				
Stratford	DLR	a	2145s			2245s	2339s	2354s	2352s				
London Liverpool St	a	2155		2219		2255	2348b	0004	0002				

Norwich to Ipswich and London Liverpool Street

Saturdays

		🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒
Norwich	🕒	d 0500	0530	0600	0630	0700	0730	0800	0830		
Diss		d 0517	0547	0617	0647	0717	0747	0817	0847		
Stowmarket		d 0529		0629	0644	0729	0745	0829	0845	0914	
Needham Market		d		0649		0750		0850		0914	
Ipswich	🕒	a 0541	0608	0641	0708	0741	0802	0808	0841	0908	0928
Ipswich	🕒	d 0543	0609	0643	0709	0743	0809	0843	0909		
Manningtree		d 0553	0619	0653	0719	0753	0819	0853	0919		
Colchester	🕒	a 0602	0628	0702	0728	0802	0828	0902	0928		
Colchester	🕒	d 0603	0630	0703	0730	0803	0830	0903	0930		
Witham	🕒	a									
Chelmsford	🕒	a 0621		0721		0821		0921			
Shenfield	🕒	a									
Stratford	DLR	🕒	a 0645s		0745s		0845s		0945s		
London Liverpool St	🕒	a 0655	0719	0755	0819	0855	0919	0955	1019		

		🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒
Norwich	🕒	d 0900		0930	1000	1030	1100	1130	1200		
Diss		d 0917		0947	1017	1047	1117	1147	1217		
Stowmarket		d 0929	0945		1029	1045	1114	1129	1145	1229	1245
Needham Market		d	0950		1050		1150		1250		1250
Ipswich	🕒	a 0941	1002	1008	1041	1102	1108	1128	1141	1202	1208
Ipswich	🕒	d 0943		1009	1043	1109	1143	1209	1243		
Manningtree		d 0953		1019	1053	1119	1153	1219	1253		
Colchester	🕒	a 1002		1028	1102	1128	1202	1228	1302		
Colchester	🕒	d 1003		1030	1103	1130	1203	1230	1303		
Witham	🕒	a									
Chelmsford	🕒	a 1021			1121		1221		1321		
Shenfield	🕒	a									
Stratford	DLR	🕒	a 1045s		1145s		1245s		1345s		
London Liverpool St	🕒	a 1055		1119	1155	1219	1255	1319	1355		

		🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒
Norwich	🕒	d 1230		1300	1330	1400	1430	1500	1530		
Diss		d 1247		1317	1347	1417	1447	1517	1547		
Stowmarket		d	1314	1329	1345	1429	1445	1514	1529	1545	
Needham Market		d		1350		1450		1550		1550	
Ipswich	🕒	a 1308	1328	1341	1402	1408	1441	1502	1508	1528	1541
Ipswich	🕒	d 1309		1343	1409	1443	1509	1543	1609		
Manningtree		d 1319		1353	1419	1453	1519	1553	1619		
Colchester	🕒	a 1328		1402	1428	1502	1528	1602	1628		
Colchester	🕒	d 1330		1403	1430	1503	1530	1603	1630		
Witham	🕒	a									
Chelmsford	🕒	a		1421		1521		1621			
Shenfield	🕒	a									
Stratford	DLR	🕒	a 1445s		1545s		1645s		1645s		
London Liverpool St	🕒	a 1419		1455	1519	1555	1619	1655	1719		

		🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒
Norwich	🕒	d 1600		1630	1700	1730	1800	1830	1900		
Diss		d 1617		1647	1717	1747	1817	1847	1917		
Stowmarket		d 1629	1645		1714	1729	1745	1759	1829	1845	1914
Needham Market		d	1650		1750		1850		1950		1929
Ipswich	🕒	a 1641	1702	1708	1728	1741	1802	1811	1841	1902	1908
Ipswich	🕒	d 1643		1709	1743	1813	1843	1909	1943		
Manningtree		d 1653		1719	1753	1823	1853	1919	1953		
Colchester	🕒	a 1702		1728	1802	1828	1902	1928	2002		
Colchester	🕒	d 1703		1730	1803	1830	1903	1930	2003		
Witham	🕒	a									
Chelmsford	🕒	a 1721			1821		1921		2021		
Shenfield	🕒	a									
Stratford	DLR	🕒	a 1745s		1845s		1945s		2045s		
London Liverpool St	🕒	a 1755		1819	1855	1919	1955	2019	2055		

Norwich to Ipswich and London Liverpool Street

Saturdays

		📶	📶	📶	📶	📶	📶	📶	📶	📶	📶
Norwich	🕒 d	2000				2100		2200			2305
Diss	d	2017				2117		2217			2322
Stowmarket	d	1945	2029	2045	2114	2129	2145	2229	2245	2308	2336 2348
Needham Market	d	1950		2050			2150		2250		2353
Ipswich	🕒 a	2002	2041	2100	2128	2141	2202	2241	2302	2322	2350 0005
Ipswich	🕒 d		2043	2109	2128	2143	2223	2243	2315	2322	
Manningtree	d		2053	2119	2138	2153	2233	2253	2325	2332	
Colchester	🕒 a		2102	2128	2149	2202	2242	2302	2335	2343	
Colchester	🕒 d		2103	2130		2203	2243	2303			
Witham	🕒 a						2300	2315			
Chelmsford	🕒 a		2121			2221	2309	2325			
Shenfield	🕒 a						2319	2337s			
Stratford	DLR 🕒 a		2145s			2245s	2342s	2359s			
London Liverpool St	🕒 a		2155	2217		2301	2351	0010			

Norwich to Ipswich and London Liverpool Street

Sundays

		📶	📶	📶	📶	📶	📶	📶	📶	📶	📶	📶	
Norwich	🕒 d	0700	0800	0900	1000	1100	1200	1300					
Diss	🕒 d	0717	0817	0917	1017	1117	1217	1317					
Stowmarket	🕒 d	0729	0829	0929	1018	1029	1114	1129	1218	1229	1314	1329	1418
Needham Market	🕒 d				1023				1223				1423
Ipswich	🕒 a	0741	0841	0941	1036	1041	1128	1141	1236	1241	1328	1341	1436
Ipswich	🕒 d	0743	0843	0943	1043	1143	1243	1343					
Manningtree	🕒 d	0753	0853	0953	1053	1153	1253	1353					
Colchester	🕒 a	0802	0902	1002	1102	1202	1302	1402					
Colchester	🕒 d	0803	0903	1003	1103	1203	1303	1403					
Witham	🕒 a												
Chelmsford	🕒 a												
Shenfield	🕒 a												
Stratford	DLR 🕒 a												
London Liverpool St	🕒 a	0904	1003	1103	1203	1303	1403	1503					

		📶	📶	📶	📶	📶	📶	📶	📶	📶	📶	📶	
Norwich	🕒 d	1400		1500	1600	1620	1700	1800	1900				
Diss	🕒 d	1417		1517	1617	1638	1717	1817	1917				
Stowmarket	🕒 d	1429	1514	1529	1618	1629	1650	1711	1729	1818	1829	1911	1929
Needham Market	🕒 d				1623					1823			
Ipswich	🕒 a	1441	1528	1541	1636	1641	1702	1725	1741	1836	1841	1925	1941
Ipswich	🕒 d	1443		1543	1643	1705	1743	1843	1925	1943			
Manningtree	🕒 d	1453		1553	1653		1753	1853	1935	1953			
Colchester	🕒 a	1502		1602	1702	1720	1802	1902	1946	2002			
Colchester	🕒 d	1503		1603	1703	1723	1803	1903	2003	2003			
Witham	🕒 a												
Chelmsford	🕒 a												
Shenfield	🕒 a												
Stratford	DLR 🕒 a												
London Liverpool St	🕒 a	1603		1703	1803	1830	1903	2003	2103				

		📶	📶	📶	📶	📶	📶		
Norwich	🕒 d	2000	2100	2200	2305				
Diss	🕒 d	2017	2117	2217	2322				
Stowmarket	🕒 d	2018	2029	2111	2129	2218	2229	2334	2355
Needham Market	🕒 d	2023				2223		2359	
Ipswich	🕒 a	2036	2041	2125	2141	2236	2241	2350	0011
Ipswich	🕒 d	2043	2043	2125	2143	2243			
Manningtree	🕒 d	2053	2135	2153	2253				
Colchester	🕒 a	2102	2146	2202	2302				
Colchester	🕒 d	2103		2203	2303				
Witham	🕒 a				2315				
Chelmsford	🕒 a				2325				
Shenfield	🕒 a				2336s				
Stratford	DLR 🕒 a				2357s				
London Liverpool St	🕒 a	2204	2303	0007					

London Liverpool Street and Ipswich to Norwich

Mondays to Fridays

						📶	📶		📶	📶	📶	📶		
London Liverpool St	🚶	d				0600	0625		0700		0730	0755		
Stratford DLR	🚶	d					0633u				0738u			
Shenfield	🚶	d							0722u					
Chelmsford	🚶	d				0630	0658				0803			
Witham	🚶	d					0709							
Colchester	🚶	a				0649	0722		0750		0822	0845		
Colchester	🚶	d	0540	0615		0650	0723		0751		0823	0847		
Manningtree	🚶	d	0549	0623		0658	0731		0759		0831	0855		
Ipswich	🚶	a	0559	0634		0710	0742		0811		0843	0907		
Ipswich	🚶	d	0510	0600	0616	0639	0654	0711	0744	0803	0812	0820	0844	0908
Needham Market	🚶	d	0520		0625		0703				0829			
Stowmarket	🚶	d	0526	0612	0631	0651	0709	0722	0755	0815	0823	0835	0855	
Diss	🚶	d				0704		0735	0808		0836		0908	0929
Norwich	🚶	a				0724		0754	0827		0855		0927	0948

						📶	📶	📶	📶	📶	📶	📶			
London Liverpool St	🚶	d				0830		0900		0930	1000		1030		1100
Stratford DLR	🚶	d				0838u				0938u			1038u		
Shenfield	🚶	d													
Chelmsford	🚶	d				0903				1003			1103		
Witham	🚶	d													
Colchester	🚶	a				0922		0946		1022	1046		1122		1146
Colchester	🚶	d				0923		0947		1023	1047		1123		1147
Manningtree	🚶	d				0931		0955		1031	1055		1131		1155
Ipswich	🚶	a				0943		1007		1043	1107		1143		1207
Ipswich	🚶	d	0920	0944	1000	1008	1020	1044	1108	1120	1144	1158	1208	1220	
Needham Market	🚶	d	0929				1029			1129				1229	
Stowmarket	🚶	d	0935	0955	1012		1035	1055		1135	1155	1211		1235	
Diss	🚶	d				1008		1029		1108	1129		1208		1229
Norwich	🚶	a				1027		1050		1127	1150		1227		1250















						📶	📶	📶	📶	📶	📶	📶		
London Liverpool St	🚶	d	1130	1200		1230		1300		1330	1400		1430	
Stratford DLR	🚶	d	1138u			1238u				1338u			1438u	
Shenfield	🚶	d												
Chelmsford	🚶	d	1203			1303				1403			1503	
Witham	🚶	d												
Colchester	🚶	a	1222	1246		1322		1346		1422	1446		1522	
Colchester	🚶	d	1223	1247		1323		1347		1423	1447		1523	
Manningtree	🚶	d	1231	1255		1331		1355		1431	1455		1531	
Ipswich	🚶	a	1243	1307		1343		1407		1443	1507		1543	
Ipswich	🚶	d	1244	1308	1320	1344	1358	1408	1420	1444	1508	1520	1544	1600
Needham Market	🚶	d			1329				1429			1529		
Stowmarket	🚶	d	1255		1335	1355	1411		1435	1455		1535	1555	1612
Diss	🚶	d	1308	1329		1408		1429		1508	1529		1608	
Norwich	🚶	a	1327	1350		1427		1450		1527	1548		1627	















						📶	📶	📶	📶	📶	📶	📶		
London Liverpool St	🚶	d	1500		1530	1600		1630		1700		1702	1730	1750
Stratford DLR	🚶	d										1710		
Shenfield	🚶	d										1726		
Chelmsford	🚶	d			1600							1736		
Witham	🚶	d										1746		
Colchester	🚶	a	1546		1621	1646		1716				1801		1842
Colchester	🚶	d	1547		1621	1647		1717				1801		1843
Manningtree	🚶	d	1555		1629	1655						1809	1827	1852
Ipswich	🚶	a	1607		1640	1707		1734		1759		1820	1837	1903
Ipswich	🚶	d	1608	1620	1641	1708	1720	1736	1749	1800	1817	1825	1839	1904
Needham Market	🚶	d		1629			1729		1758		1826			
Stowmarket	🚶	d		1635	1652	1719	1735	1747	1804		1832	1836	1850	1916
Diss	🚶	d	1629		1705	1732		1800		1821		1848	1903	1929
Norwich	🚶	a	1650		1724	1753		1822		1842		1909	1925	1950

0640 Cycle restrictions apply. See page 6 for details

London Liverpool Street and Ipswich to Norwich

Mondays to Fridays

		1810	1830	1900	1930	2000	2030	2100
London Liverpool St  d								
Stratford DLR  d							2038u	
Shenfield  d								
Chelmsford  d							2103	
Witham  d								
Colchester  a	1900	1921	1947	2019	2046	2122	2146	
Colchester  d	1902	1923	1947	2020	2047	2123	2147	
Manningtree  d	1911	1932	1955	2028	2055	2132	2156	
Ipswich  a	1921	1942	2007	2040	2107	2143	2207	
Ipswich  d	1913	1923	1944	2000	2008	2020	2041	2108
Needham Market  d	1922					2029		2117
Stowmarket  d	1928	1934	1955	2012	2019	2035	2052	2119
Diss  d		1947	2008	2032		2105	2132	2156
Norwich  a		2009	2030	2051		2124	2151	2209
								2219
								2229
								2235
								2233
								2253

		2130	2230	2330	2330
London Liverpool St  d					
Stratford DLR  d		2138u	2238u	2338u	2339u
Shenfield  d					
Chelmsford  d	2203	2303	0003	0011	
Witham  d					
Colchester  a	2222	2322	0022	0030	
Colchester  d	2223	2323	0023	0031	
Manningtree  d	2232	2332	0032	0040	
Ipswich  a	2243	2343	0043	0051	
Ipswich  d	2245	2345	0045	0053	
Needham Market  d					
Stowmarket  d	2256	2356	0056	0104	
Diss  d	2309	0009	0109	0117	
Norwich  a	2329	0029	0135	0143	

London Liverpool Street and Ipswich to Norwich

Saturdays

			📶	📶	📶	📶	📶	📶	📶	📶	📶	📶		
London Liverpool St 🚶	d		0534		0630		0700		0730	0800				
Stratford DLR	🚶	d		0541	0638u				0738u					
Shenfield	🚶	d		0559										
Chelmsford	🚶	d		0610	0703				0803					
Witham	🚶	d		0623										
Colchester	🚶	a		0640	0722		0746		0822	0846				
Colchester	🚶	d	0540	0640	0723		0747		0823	0847				
Manningtree	🚶	d	0549	0648	0731		0755		0831	0855				
Ipswich	🚶	a	0559	0700	0743		0807		0843	0907				
Ipswich	🚶	d	0510	0600	0616	0710	0720	0744	0800	0808	0820	0844	0908	0920
Needham Market	🚶	d	0520		0625		0729			0829				0929
Stowmarket	🚶	d	0526	0612	0631	0721	0735	0755	0812		0835	0855		0935
Diss	🚶	d				0734		0808		0829		0908	0929	
Norwich	🚶	a				0753		0827		0850		0927	0950	





















			📶	📶	📶	📶	📶	📶	📶	📶	📶	📶		
London Liverpool St 🚶	d	0830		0900		0930	1000		1030		1100		1130	
Stratford DLR	🚶	d	0838u			0938u			1038u				1138u	
Shenfield	🚶	d												
Chelmsford	🚶	d	0903			1003			1103				1203	
Witham	🚶	d												
Colchester	🚶	a	0922	0946		1022	1046		1122		1146		1222	
Colchester	🚶	d	0923	0947		1023	1047		1123		1147		1223	
Manningtree	🚶	d	0931	0955		1031	1055		1131		1155		1231	
Ipswich	🚶	a	0943	1007		1043	1107		1143		1207		1243	
Ipswich	🚶	d	0944	0958	1008	1020	1044	1108	1120	1144	1158	1208	1220	1244
Needham Market	🚶	d				1029			1129				1229	
Stowmarket	🚶	d	0955	1011		1035	1055		1135	1155	1211		1235	1255
Diss	🚶	d	1008		1029		1108	1129		1208		1229		1308
Norwich	🚶	a	1027		1050		1127	1150		1227		1250		1327

			📶	📶	📶	📶	📶	📶	📶	📶	📶	📶		
London Liverpool St 🚶	d	1200		1230		1300		1330	1400		1430		1500	
Stratford DLR	🚶	d		1238u				1338u			1438u			
Shenfield	🚶	d												
Chelmsford	🚶	d		1303				1403			1503			
Witham	🚶	d												
Colchester	🚶	a	1246	1322		1346		1422	1446		1522		1546	
Colchester	🚶	d	1247	1323		1347		1423	1447		1523		1547	
Manningtree	🚶	d	1255	1331		1355		1431	1455		1531		1555	
Ipswich	🚶	a	1307	1343		1407		1443	1507		1543		1607	
Ipswich	🚶	d	1308	1320	1344	1358	1408	1420	1444	1508	1520	1544	1558	1608
Needham Market	🚶	d		1329				1429			1529			
Stowmarket	🚶	d		1335	1355	1411		1435	1455		1535	1555	1611	
Diss	🚶	d	1329		1408		1429		1508	1529		1608		1629
Norwich	🚶	a	1350		1427		1450		1527	1548		1627		1650

			📶	📶	📶	📶	📶	📶	📶	📶	📶	📶		
London Liverpool St 🚶	d		1530	1600		1630		1700		1730	1800		1830	
Stratford DLR	🚶	d		1538u		1638u				1738u			1838u	
Shenfield	🚶	d												
Chelmsford	🚶	d		1603		1703				1803			1903	
Witham	🚶	d												
Colchester	🚶	a	1622	1646		1722		1746		1822	1846		1922	
Colchester	🚶	d	1623	1647		1723		1747		1823	1847		1923	
Manningtree	🚶	d	1631	1655		1731		1755		1831	1855		1931	
Ipswich	🚶	a	1643	1707		1743		1807		1843	1907		1943	
Ipswich	🚶	d	1620	1644	1708	1720	1744	1758	1808	1820	1844	1908	1920	1944
Needham Market	🚶	d	1629			1729				1829			1929	
Stowmarket	🚶	d	1635	1655	1719	1735	1755	1811		1835	1855		1935	1955
Diss	🚶	d		1708	1732		1808		1829		1908	1929		2008
Norwich	🚶	a		1727	1751		1827		1850		1927	1950		2027

London Liverpool Street and Ipswich to Norwich







Saturdays








												
London Liverpool St 	d	1900		1930	2000		2030	2100	2130	2230	2330	
Stratford DLR 	d			1938u			2038u		2138u	2238u	2338u	
Shenfield 	d											
Chelmsford 	d			2003			2103		2203	2303		
Witham 	d											
Colchester 	a	1946		2022	2046		2122	2146	2222	2322	0026	
Colchester 	d	1947		2023	2047		2123	2147	2223	2323	0026	
Manningtree	d	1955		2031	2055		2132	2155	2232	2332	0035	
Ipswich 	a	2007		2043	2107		2143	2208	2243	2343	0047	
Ipswich 	d	1958	2008	2020	2044	2108	2117	2145	2219	2245	2345	0048
Needham Market	d			2029			2127		2229			
Stowmarket	d	2011		2035	2055		2133	2156	2235	2256	2356	0100
Diss	d		2029		2108	2129		2209		2309	0009	0113
Norwich 	a		2050		2127	2150		2229		2329	0035	0138







London Liverpool Street and Ipswich to Norwich

Sundays

C

													
London Liverpool St	d			0830	0930	1030	1130	1230					
Stratford DLR	d												
Shenfield	d			0858									
Chelmsford	d												
Witham	d												
Colchester	a			0925	1025	1125	1225	1325					
Colchester	d	0730	0813	0925	0932	1025	1125	1225	1325				
Manningtree	d	0738	0821	0933	0940	1033	1133	1233	1333				
Ipswich	a	0750	0833	0945	0951	1045	1145	1245	1345				
Ipswich	d	0732	0755	0902	0946	0955	1046	1102	1146	1155	1246	1302	1346
Needham Market	d	0742		0912				1112				1312	
Stowmarket	d	0748	0807	0918	0957	1007	1057	1118	1157	1207	1257	1318	1357
Diss	d			1010				1110				1310	1410
Norwich	a			1031				1131				1331	1431

													
London Liverpool St	d			1330	1430	1530	1630	1730	1830				
Stratford DLR	d												
Shenfield	d												
Chelmsford	d												
Witham	d												
Colchester	a			1425	1525	1625	1725	1825	1925				
Colchester	d			1425	1525	1625	1725	1825	1925				
Manningtree	d			1433	1533	1633	1733	1833	1933				
Ipswich	a			1445	1545	1645	1745	1845	1945				
Ipswich	d	1355	1446	1502	1546	1555	1646	1702	1746	1755	1846	1902	1946
Needham Market	d			1512				1712				1912	
Stowmarket	d	1407	1457	1518	1557	1607	1657	1718	1757	1807	1857	1918	1957
Diss	d			1510				1610				1910	2010
Norwich	a			1531				1631				1931	2031

								
London Liverpool St	d	1900	1930	2030	2130	2230	2330	
Stratford DLR	d							
Shenfield	d							
Chelmsford	d							
Witham	d							
Colchester	a	1955	2025	2125	2225	2325	0025	
Colchester	d	1955	2025	2125	2225	2325	0025	
Manningtree	d	2003	2033	2134	2234	2334	0034	
Ipswich	a	2015	2045	2145	2245	2345	0045	
Ipswich	d	2016	2046	2102	2147	2247	2347	0047
Needham Market	d			2112				
Stowmarket	d	2027	2057	2118	2158	2258	2358	0058
Diss	d	2040	2110	2211	2311	0011	0111	
Norwich	a	2101	2131	2231	2331	0031	0136	